

ANDREW COHEN HOUSE

NEWSLETTER



APRIL EDITION 2020

BIRMINGHAM JEWISH COMMUNITY CARE

We would like to welcome you to the April edition of our newsletter. We hope you will enjoy our newsletter, find it informative, enjoyable and useful as to what's happening within the home.

THANKYOU



We would like to take this opportunity to say a big thank you to all family members and friends of residents and all others associated with Andrew Cohen House for your lovely heart felt messages of thanks, best wishes and support. Your messages have been very much appreciated by all and have been a real boost to staff at a time we know is hard for everyone near and far not being able to have physical contact with their loved ones.

As always staff are going above and beyond to ensure that all your loved ones know how much they are cared for and to ensure that all are enjoying life to the full within the safe and happy environment they are accustomed to.

We would like to send our warmest wishes to all. Please take care, stay safe until we can all meet and be together again.



Rainbow Teddy Bears by residents

EVERYTHING WILL BE OK!

THIS MONTH IN HISTORY

1923 The Duke of York and Elizabeth Bowes-Lyon, later King George VI and Queen Elizabeth, were married in Westminster Abbey, London.

1931 Highway code first introduced

1956 Grace Kelly Marries Prince Rainier of Monaco

1969 The age at which a person is eligible to vote in Britain was lowered from 21 to 18.

1973 VAT was introduced in Britain

1983 The first cordless telephone went on sale in Britain

DATES FOR YOUR DIARY

1st APRIL - April fool's Day

6th April - International Children's Book Day

8th-16th April - Pesach, Passover

8th April - First Seder

21st April - Queens Birthday



EVENTS

March 4th saw all Don their flowers enjoy a cuppa and a cake for Dementia UK. All also had the opportunity to meet Tracy Mazanda "Admiral Nurse" for a chat. Entertainment was provided by The Silver Singers, a choir made up of residents of Andrew Cohen House and the local community. Residents, family and staff joined in singing along to many of the songs including Daisy Daisy which seemed to be a favourite of many.



It was a most enjoyable day for all and with the support of visitors, staff and residents we raised a fantastic £116. For a well worthy cause.



10th March: saw many participate and enjoy Purim - A festival of Merriment. Dressing up in fun costumes and hats. The festival began with the Megillah Reading: in Martins lounge 11.00am.



This day of merriment was ended with a beautiful meal in the Aubrey & Betty Lynne centre which was attended by residents and the local community. This was to be our final opportunity due to circumstances to celebrate with family and friends, but this has not stopped all at Andrew Cohen House having fun and enjoying other special events together.

Continued:

EVENTS

17th March Residents celebrated the luck of the Irish with a traditional Irish themed evening meal of traditional colcannon, beef coddle, cabbage, leek and potato pie, with champ potato and homemade soda bread.



The evening was finished off by some lovely cupcakes and creamed meringues decorated with eatable shamrocks and a variety of chocolate by residents to accompany hot drinks.



Sunday 22nd March Mother's Day even though it was a day that many did miss seeing their loved ones, everything was done to ensure that all the lovely ladies at Andrew Cohen House enjoyed their special day and felt spoilt..

As well as receiving lots of special cards flowers and other gifts from their loved ones each lady received a little gift from us of rose scented soaps and hand cream to show how special they are.



But this was just the beginning of the special day for the ladies.

All were spoilt even the gentlemen with a beautiful Mother's Day lunch accompanied with a little glass of something including wine or baileys if they wished.

Continued:

EVENTS

Our Mother's Day lunch which consisted of three mouth-watering dishes was enjoyed by all.



There was also a super handmade cake which was enjoyed with afternoon tea. It was clear to see from all the smiles that the ladies had enjoyed a lovely Mother's Day.



RESIDENT OF THE MONTH

SAY HELLO TO: Anita Lev

Anita was born in Hull Yorkshire in 1928, a place that is very close to her heart even today. Anita attended the Hull Collage of Commerce and was the top student of her year, unfortunately Anita had to leave College at the age of fifteen due to the impacts of war her parents made the decision to move to Birmingham but Anita firstly went to Leeds to live with her aunt before later joining her parents and two younger brothers Meir and Lionel to live with her grandparents.



Once in Birmingham Anita went work to help support her family but she attended night school to complete her schooling and obtain her qualifications. Her first job was bookkeeping in her uncle's pickle factory. Anita stated that the best thing about this job was the factory cat who befriended her and would sit on the desk next to her as she did her work.

In her early thirties Anita made the decision to move to London where she lived and worked doing secretarial work, whilst living at the International Club, where she made friends with many lovely people from different cultures and international backgrounds

After one year in London Anita travelled further afield to Israel where she obtained a position in a shipping office for a company who exported mainly to Scandinavia, typing and translating documents into seven different languages. On arrival Anita lived in a kibbutz before finding private accommodation, she lived in Israel for two years and holds very happy memories of her time and the friends she made there.

Anita celebrated her 40th birthday in the romantic city of Rome whilst working for the United Nations for twelve months in the main offices and for the fisheries department working with a team of Marine Biologists typing up their notes and research papers,

As well as being an independent woman travelling to different parts of the world alone Anita is an accomplished musician who obtained her teaching diploma in music for the piano. Anita enjoys nothing more than to relax listening to Italian Grand Opera, her favourite composers are Rossini, Bellini and Donizetti.

APRIL 8TH-16TH



FROM ALL AT
ANDREW COHEN HOUSE

RESIDENTS BIRTHDAYS

APRIL

5th Meryl Chew

9th Hilary Goorney

28th Anita Lev

28th Bridget Kane

SYMBOLS OF APRIL:

Birth Stones – Diamond or White Sapphire

Flower -Daisy & Sweet Pea

Zodiac Signs – Aries & Taurus



AUBREY & BETTY LYNES CENTRE

Residents of Andrew Cohen House, Silver Stone Court and the local community enjoy many events and functions in the centre. The centre allows people to gather and enjoy each other's company throughout the year.

Although groups are unable to meet at present residents are still enjoying visits to the centre for such things as film shows and their own luncheon club.



The luncheon was a very enjoyable event so much so it was agreed by all those present it would be a nice regular event.

ACTIVITIES

Residents have continued to enjoy a variety of activities daily, ranging from tabletop games, pamper sessions, music and movement, arts and crafts, sing a longs, quizzes and flower arranging and many more keeping every one busy as well as having lots of fun along the way.



Cake decorating where the tasting was as enjoyable as the decorating

Flower arrangements to adorn the tables were spectacular as usual.



Time in the garden making the most of the sunshine we have had.



Residents also enjoyed doing personal photo messages to their loved ones to let them know they are thinking of them all at this difficult time. An activity that was met with enthusiasm and enjoyment by all.



As well as photo messages residents and families have been able to have regular contact via telephone calls and face time together allowing all to keep in touch with loved ones.

QUOTE OF THE MONTH

April is the cruellest month, breeding Lilacs out of the dead land, mixing Memory and desire, stirring Dull roots with spring rain.



T. S. Eliot "The Waste land" 1922


THE MONTH OF APRIL

April begins with a day of fun and jokes known as April Fool's Day. Also called All Fools' Day, it has been celebrated for several centuries by different cultures, its exact origins remain a mystery.


April always begins on the same day of week as July,

April is when in the northern hemisphere buds begin to open and things start to grow again after the winter. April showers bring forth May flowers.

The first Sunday of April is daffodil Sunday in Victorian times families picked Daffodils from their garden and took them to local hospitals to give to the sick.




APRIL





WORD SEARCH

a	d	x	a	l	i	p	c	w	a	i
y	i	g	b	e	e	d	u	j	n	s
k	a	a	i	o	l	a	v	t	h	s
u	m	e	o	h	o	f	d	u	o	e
f	b	z	i	i	u	f	h	l	i	m
a	n	c	k	j	a	o	i	i	i	y
h	d	b	n	g	r	d	o	p	u	i
a	e	e	e	l	b	i	i	o	j	v
m	a	g	f	o	o	l	u	d	p	a
e	a	s	t	e	r	v	i	k	e	x
p	s	a	l	m	e	o	i	o	u	a
b	v	t	o	u	n	c	t	o	t	
c	u	n	d	e	r	g	r	a	d	s
p	a	s	s	o	v	e	r	u	u	e
e	s	h	o	w	e	r	y	i	n	
d	e	a	t	a	b	f	e	d	u	r
v	b	l	o	m	q	f	s	a	n	i
e	s	h	p	f	g	z	v	w	x	a

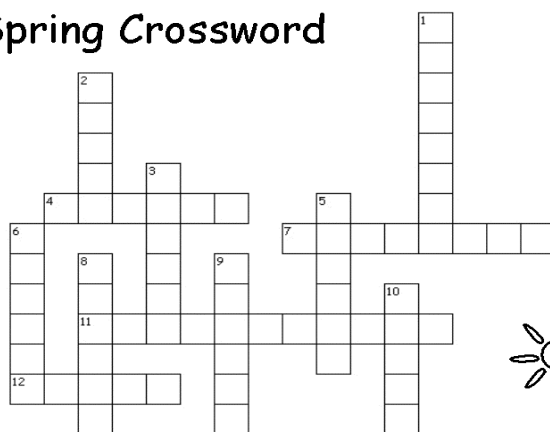


WORDS

- showers
- underground
- daffodil
- tulip
- bloom
- taurus
- diamond
- earth
- easter
- passover
- fool

Spring Crossword

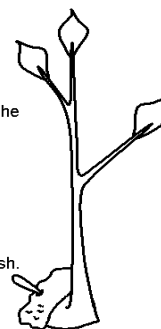
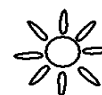


Across

4. To begin to grow and give off shoots or buds.
7. Baby duck.
11. Larval form of a butterfly.
12. Sow these in the ground in spring to get a harvest in the autumn.

Down

1. Yellow flower that makes a nice spring bouquet.
2. Dutch springtime flower.
3. Wear this on your head to fancy picnics or parades.
5. A small pool of water.
6. Fragrant bunches of purple flowers that grow on a bush.
8. Wear this to keep warm
9. The season between winter and summer.
10. Break out of an egg.



OTHER NEWS



We have some exciting news to share our lovable feathered residents are now expectant parents. It is clear to see that the father is already pacing his perch and looking anxious in anticipation of the arrival.

Mother is looking well and doing a perfect job nesting in readiness for her babies....

Please look out for updates.....

We hope you have enjoyed reading this month's newsletter. Please feel free to make any suggestions of topics or events you would like to be included in future newsletters.

If you would like future copies of the newsletter sent via e-mail please do not hesitate to contact me directly with your details at Jhanvey@bhamjcc.co.uk (Julie Hanvey, Senior Activities Co-ordinator)